

Kidney Failure

Treatment Options

In-Center Hemodialysis



- ★ **Need an access (fistula, graft, or catheter) to your blood stream**
- ★ **Dialysis usually 3 times per week for 3-5 hours or nocturnal 6-8 hours**
- ★ **Trained facility staff responsible for care**
- ★ **Fluid & dietary restrictions**
- ★ **Must keep to a schedule & follow facility policies**

Transplant

- ★ **Requires either a deceased or a living donor**
- ★ **No more dialysis once the kidney is working well**
- ★ **Not a cure - requires taking medications everyday for life**
- ★ **Medications may have side effects**
- ★ **Must go through testing prior to qualifying for a transplant**
- ★ **Waiting list for deceased donor may take 3-7 years**
- ★ **No more fluid restrictions**

Discuss your questions about treatment options with your dialysis staff. For more information visit our website: www.kidneypatientnews.org or call 1-800-456-6919

Peritoneal Dialysis



- ★ **Requires a catheter in your abdomen through which fluid is drained**
- ★ **CAPD Four (4) manual exchanges per day provides for continuous 24-hour dialysis**
- ★ **CCPD Need a cycling machine; dialyze every night 6-10 hours while you sleep**
- ★ **Can eat & drink more than in-center**
- ★ **Self care & more independence**
- ★ **Need clean space for equipment.**

Home Hemodialysis



- ★ **May need a committed partner to help**
- ★ **Schedule your own dialysis time**
- ★ **Dialyze 3-5 times per week**
- ★ **Need a fistula or catheter to access to your blood stream**
- ★ **Eat & drink more than in-center**
- ★ **Allows for more independence**
- ★ **Better outcomes and better quality of life**
- ★ **Need clean space for machine**