

**It's** your choice to choose or change the kidney treatment option (modality) that is best for you. It is your right to be fully informed of all treatment options available. We would like to provide you with information that you need so you can choose the best option to fit your lifestyle. We just want to make sure you have this information in the event that your doctor/facility doesn't provide it. Please check which treatment options you would like more information on and return this form to The Renal Network, to your social worker or go on line and view in-depth information at:

<http://www.kidneypatientnews.org>

In-Center Hemodialysis

Home Hemodialysis

Peritoneal Dialysis (PD)

Kidney Transplant

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

City State Zip

**The Renal Network**  
**911 E. 86th Street,**  
**Suite 202**  
**Indianapolis, IN 46240**

**Phone: 1-800-456-6919**

**Fax: 317-257-8291**

**E-mail: [info@nw10.esrd.net](mailto:info@nw10.esrd.net)**

**Website: <http://www.kidneypatientnews.org>**

To file a grievance please contact: The Renal Network.  
 Patients may call: 1.800.456.6919; email: [info@nw10.esrd.net](mailto:info@nw10.esrd.net); or write: The Renal Network, 911 E. 86th Street, Suite 202, Indianapolis, IN 46240; or visit our website: <http://www.therenalnetwork.org>

**The Renal Network**  
**ESRD Networks 9 & 10**

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**WHAT YOU  
 NEED TO  
 KNOW  
 ABOUT:  
 TREATMENT  
 OPTIONS**



**TEL: 1-800-456-6919**

# YOU HAVE THE RIGHT TO CHOOSE AND CHANGE MODALITIES

**Y**ou have the right to choose or to change to a different kidney treatment option (modality) that is best for you. It is your right to be fully informed of all kidney failure treatment options available. The Department of Health and Human Services, Center for Medicare and Medicaid Services, states “patients must also be informed of all modality choices, including home hemodialysis.” Because it’s a good idea to review your options periodically to help maintain your quality of life, The Renal Network would like to provide you with information that you need so you can choose the best option to fit your current lifestyle or the one you are striving for. Remember The Renal Network is here for you, helping you stay an active participant in your treatment.

The following are short descriptions of treatment options. For in-depth information on a treatment option, please visit our website or send in form on the back of this brochure.



## **In-Center Hemodialysis:**

Needs vascular access to the blood stream; trained staff available for care; dialysis average 3 times a week for 3-5 hours; fluid & dietary restrictions; established schedule; must follow facility policies.

## **Home Hemodialysis:**

Is done in the privacy of the home; a home dialysis machine and supplies and room to store them are required; patients may schedule their own dialysis times, even overnight; patient may need a partner; patient needs vascular access (fistula is the preferred access for home dialysis); usually patient can eat and drink more than in-center patients; allows for more independence.

Standard Home Hemodialysis: is 3 to 4 times a week, 3 to 4 hours or longer each time.

Nocturnal Home Hemodialysis: Patients dialyze between 7 to 8 hours every other night while they sleep.

Short Daily Home Hemodialysis Daily (HHD): Short (2-3 hour) treatments, 5-6 days a week. It uses a machine designed for short daily home treatment.

## **Peritoneal Dialysis (PD):**

Is a needle-free treatment that can be done with or without a machine. PD requires a catheter in the abdomen through which fluid is drained. Need space for supplies

Continuous Ambulatory Peritoneal Dialysis (CAPD): 4 manual exchanges per day provides for continuous 24-hour dialysis.

Continuous Cycling Peritoneal Dialysis (CCPD): Needs a cycling machine; dialyzes every night 6 - 10 hours while the patient sleeps.

**Kidney Transplant:** Requires either a deceased or a living donor; no dialysis once kidney is working well; requires medications daily for life (which can be costly and may have side effects); must go through qualification testing; waiting list for a donor may take 3 - 7 years.

